

<u>Lunch time menu</u> <u>Summer 2014</u>	Week 1 w/c : 1/9, 22/9, 13/10, 10/11, 1/12	Week 2 w/c: 8/9, 29/9, 20/10, 17/11, 8/12	Week 3 w/c: 15/9, 6/10, 3/11, 24/4, 15/12
Monday	Macaroni Cheese (Milk, flour, cheese, butter, carrots, peas, sweetcorn) Ice cream & fruit	Pronto pasta (Mushrooms, mixed herbs, chopped tomatoes, veg. frankfurters, cheese) Natural Yoghart & fruit	Pasta Fagiola (Kidney beans, onions, carrots, sweetcorn and cheese) Fruit Salad
Tuesday	Pitta bread pizza (Tin tomatoes, tuna, sweetcorn, cheese, onions) Custard & banana	Jacket Potatoes with baked beans & cheese Jelly & fruit	Creamy sweetcorn with rice (Rice, sweetcorn, milk, egg & cornflour) Jelly & fruit
Wednesday	Quorn chicken & pineapple with rice (Quorn chicken, pineapple, onion, sweetcorn and peas) Milk jelly & fruit	Minestrone pasta pot (Onion, chopped tomatoes, peas, sweetcorn, broccoli, baked beans & cheese Fruit salad	Spanish Omlette (Potatoes, onion, carrots, peas, sweetcorn & eggs) Jelly & fruit
Thursday	Creamy Spaghetti (Cheese, flour, milk, butter, carrots, peas & sweetcorn) Fruit salad	Rice & mince (Quorn mince, onion, sweetcorn, carrots, peas, Soya sauce & cornflour) Banana & custard	Spaghetti Napoletana (Onions, chopped tomatoes, carrots) Natural yoghart & fruit
Friday	Fish fingers with new potatoes and broccoli Yoghart pot & fruit	Tuna lasagne (Onions, tuna, carrots, peas, sweetcorn, milk, flour & cheese) Ice cream & fruit	Fish Pie (Milk, flour, butter, carrots, peas & sweetcorn) Fruit salad

All lunches are served with fresh water.

(All products are brought from Tesco, any food to be fried is fried in vegetable oil, rice is long or grain Basmati, gluten free pasta (alternative), wheat free flour (alternative) & quorn mince.

Please note that some dishes are served with tomato sauce / mayonnaise - contact the School's administrator if you do not wish your child to have these.

Afternoon tea menu	Week 1	Week 2	Week 3
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Monday	Tea cake with butter & jam	Baked beans & bread	Jam Sandwich
Tuesday	Garlic bread	Waffles	Cheese sandwich
Wednesday	Jam sandwich	Cheese sandwich	Garlic bread
Thursday	Cheese sandwich	Tea cake with butter	Waffles

All afternoon teas are served with fresh fruit of the day and water.